

# KEY CLINICAL PRACTICE STANDARDS

## Introduction

*This information is from the MTAM Standards of Practice and should be considered in conjunction. It is based on nationally-accepted standards of practice and applies to all MTAM Members. It is reviewed annually and subject to change. Last revised: 10/2016*

## Details

- Undressing, draping and re-dressing procedures must be explained to the patient and agreed upon. This includes:
  - Reasoning for removal of clothing and respect for the patient's right to decline the removal of certain or any clothing.
  - Ensuring privacy while the patient disrobes or dresses, out of the view of the massage therapist and other people.
  - Instructing the patient on safely getting on and off the table and advising of the use of sheets to cover themselves once they are in position for treatment.
  - Providing non-transparent draping materials, and arranging and securing draping so that only the part of the patient's body that is being assessed or treated is exposed.
- The patient is told the nature and purpose of the proposed assessment/reassessment and/or treatment including areas of the body involved.
- The massage therapist shall engage in therapeutic communication with patient to determine the level of comfort as it relates to pressure and depth of touch, as well as general patient comfort including positioning and pillowing.